



Residential Care for  
People Living with AIDS



*Guy, gleaming over his birthday cake, shortly before his death last December*

# Among Friends

*Newsletter — Summer 1999*

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### **Maitri Residents July 1, 1998 to April 30, 1999**

Admitted for skilled nursing care	28
Admitted for hospice care	13
Resident deaths	24
Discharges	4

## **A Tribute to Life**

To Larrie, Bruce, David, and Guy:

It wasn't too long ago you touched the lives of those around you. You had a uniqueness about you that brings out the love of others. This unselfish love you gave is like the sun radiating life. Even though the sun doesn't shine in the dark we still know it is in the sky just as you are still in our lives; but you are there in the dark and in the light. We tell ourselves we can smile because you gave reason with instructions — that for any excuse, smile and pass it on.

— Dennis, a resident,  
remembering four friends during  
the January memorial at Maitri

## **Compassion in Action — Nursing Care at Maitri**

Shortly after Issan Dorsey took in a homeless student dying of AIDS 12 years ago, Maitri grew to a small, 8-bed facility straddling two adjoining Victorians. During those early years, however, limited funds restricted us to helping people with less acute conditions and thus lower needs for intensive care. But that has changed. The “new” Maitri is a state-licensed Residential Care Facility for the Chronically Ill that provides 24-hour nursing care to individuals with AIDS, making Maitri more accessible to men and women who need the most care — hospice patients as well as those with debilitating but stabilized conditions. This is Maitri's response to the emergence of promising drug treatments that are not as universally effective as we would have liked. People live longer, but sadly, they don't always get better.

Because of the severity of our residents' conditions, the (direct care) staff-to-resident ratio at Maitri is, during most shifts, at least three times the 1:15 ratio required by the licensing authorities. Glo, our RN Case Manager, is here 40 hours a week, and there is always a Licensed Vocational Nurse (LVN) on duty. During each shift, an LVN assumes the position of “team leader,” coordinating the activities of the direct care staff, which also includes attendants, who are certified home health aides. Together, these folks make sure that our residents receive proper pain management, take their medications on time, have clean sheets, and are well nourished

*(continued on page 4)*

*“Not only was my son taken care of, everyone made sure my daughter and I were okay too. It was very difficult living on the East Coast and having my son ill so far away ... When I wasn't there, Maitri bridged that gap by calling me and keeping me informed of everything — for that my daughter and I will be eternally grateful.”*

— Jeanne Kitchen (mother of Guy, who passed away on December 29, 1998)

## Letter From the Director

### Maitri

401 Duboce Avenue  
San Francisco, CA 94117-3551  
(415) 558-3000  
(415) 558-3010 Fax  
www.maitrisf.org

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Al Hamilton, Daniel Hurley, Percy Jackson,  
Joseph Miquelon, Patricia Mackey-Williams,  
Sherry Means, Raquel Menjivan, Denise Moosoolov, John Mullin, Bruce Starr, Ich To

### Among Friends

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Living with AIDS.

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*One of the joys and sorrows of working at Maitri is the coming and going of new faces — relationships that ebb and flow with time — weaving a rich tapestry which is Maitri. We learn that nothing is a constant except change. While, sadly, we continue to lose friends and family members to AIDS, we are extremely grateful for the new relationships that continue to grow in the process of caring compassionately for others.*

*Family ... Jeri Thomas, Jeanne Kitchen, and Maggie Ferraro, who all lost their sons to AIDS at Maitri in the past year, continue to honor their bond with Maitri by telling our story to others. We're grateful for their recent appeal to our supporters for help to ensure that this place will be here for those who may need it in the future. Thank you!*

*Community ... The San Francisco community has long supported us with funding and volunteers. The past few months, however, have been dizzyingly exciting and humbling as we received word of an unprecedented level of support for our work here at Maitri. Four major organizations have chosen Maitri as a beneficiary for events being held this summer and fall. Please refer to the announcements on page 3 and plan on attending these events!*

*The "Heart of Maitri" ... We are deeply indebted to our volunteers and staff for their constant support and nurture. Many thanks for the dedication and spirit that they bring to make Maitri the place it is, and to Macy's Passport, one of our benefactors, for recognizing their contributions with funding for our "Heart of Maitri" program, which addresses the emotional well-being of both residents and caregivers.*

*Staffing ... June 1 marked the beginning of a new era in the care of our residents. On that day, management of our nursing and attendant staff shifted from Visiting Nurses & Hospice of San Francisco to Baker Anderson Christie, Inc. (BAC). We're happy to welcome back practically all of our wonderful nurses and attendants as BAC employees, and we're extremely pleased with the enthusiasm and dedication that Mary Kay, Robin, and Norma — BAC's hands-on nurse/owners — have brought to our budding partnership.*

*Future Relationships ... This summer finds our Board scanning the horizon for opportunities to strengthen Maitri through possible alliances with other non-profit organizations. Hoping to find benefits of critical mass and to shore up existing weaknesses, Maitri is proactively seeking to identify affiliations that are consistent with our mission and values and that will help ensure the long-term continuity of the program for those who need our service.*

*The Maitri family continues to evolve, and we hope that we'll continue to be blessed by your active support and participation along the way!*

Bill Musick, Executive Director

## Maitri News & Notes

### Maitri Hits a Home Run

Actually, a grand slam! We are pleased to announce that Maitri has been named a beneficiary for FOUR major benefits for HIV/AIDS-related causes this summer. So mark your calendar for these events, because the AIDS crisis is not over (as we can tell at Maitri — in the last 10 months, the turnover for our 15 beds exceeded two times) and your support is as crucial as ever.

#### First Base — AIDS Walk San Francisco

Sunday, July 18, 1999  
Golden Gate Park

This is the second year in a row that Maitri is receiving AIDS Walk funding. Sponsor a friend or sign up to do the 10K walk yourself. Better still, walk with the Maitri team (team # 1325) — we have Maitri T-shirts available.

#### Second Base — Help is On the Way V: A Salute to Steven Sondheim

Monday, August 2, 1999  
Palace of Fine Arts

Many thanks to the Richmond/Ermet AIDS Foundation for putting on this show. Call Robert Sokol at (415) 864-2159 if you would like to place an ad in the event program.

#### Third Base — Macy's Passport

Wednesday, September 15, 1999  
to Friday, September 17, 1999  
Fort Mason

The theme is EXTREME! for Passport '99. Don't miss this multi-theatrical fashion extravaganza.

#### Home Plate — Insurrection Party

Sunday, September 26, 1999  
Club 1015 (at 1015 Folsom Street)

This 11th annual dance party organized by GRGR (Grassroots Gay Rights) West will feature DJ Lydia, and half of the proceeds will be distributed to Maitri.

#### Out in the Sun

With spring finally here and a little cooperation from the sun, Christine and Thou and their troop of volunteers, our more mobile residents have been able to partake of San Francisco's myriad cultural and educational offerings. Recent field trips have included:

- Visiting the aquarium in Golden Gate Park
- Enjoying the musical Evita, courtesy of the Orpheum Theater, and
- Perusing the Winter Impressionists exhibit at the Yerba Buena Center for the Arts



A shopping trip to Stonestown Mall brings smiles to residents, staff and volunteers

### Dinner at Maitri

Many people know their charities of choice only through annual reports and occasional solicitations. But we want our relationship with our friends to be deeper than just a few pieces of paper. To smell the aroma drifting from our kitchen is to really know Maitri. To share food and stories together is to really know Maitri. Therefore, we have introduced a series of intimate dinners in our very own dining room, prepared by renowned Bay Area chefs, that promises exquisite cuisine and a chance to mingle with some very kind and engaging folks — you!

The first of our dinner series will take place in July and will be co-hosted by Chuck Forester and Tim Wolfred in honor of Supervisor Mark Leno, who is a very special friend and a former member of Maitri's Board of Advisors. We want to thank chef Eric Tucker and his team from Millennium, San Francisco's premier vegetarian restaurant, for agreeing to cater this special dinner. Kudos also to Becca Smidt (who designed the award-winning Maitri logo) for producing a great invitation for us.

We hope you can join us for a future dinner. If you are interested in attending or hosting a dinner, or if you have a suggestion for a chef, call Don at (415) 558-3002 — we'll make sure you receive an invitation!

### Welcome BAC!

Back in December, we surveyed our supporters to find out what they regarded to be the most important aspects of care at Maitri. "Nursing care" came out on top of the list, followed by "a homelike, supportive environment." Following that cue, we couldn't be happier with our new nursing and attendant care provider, Baker Anderson Christie, Inc. (BAC), a woman-owned home care agency. This new arrangement gives Maitri more control over nursing supervision and care delivery, as the San Francisco Department of Public Health is now reimbursing Maitri directly for nursing care instead of paying a third party for the services. Maitri is BAC's first engagement with a residential program exclusively for people with AIDS, and Mary Kay Baker, speaking on behalf of her fellow nurse/owners, says she feels this opportunity to work directly with the AIDS community to be both challenging and rewarding at the same time. "We are excited about working with the staff at Maitri," she adds, "which we find to be very dedicated."

#### Maitri Residents July 1, 1998 to April 30, 1999

Male	35	85.4 %
Female	4	9.7
Transgender	2	4.9
Gay	24	58.5 %
Bisexual	5	12.2
Heterosexual	12	29.3

## 24 Hours — Care Around the Clock

At Maitri, where life and death are so inexorably intertwined, there's no typical day. Every single action, even the most routine, most mundane, matters, because life matters. And so, with mindfulness and also a sense of humor, an attendant carries out his daily duties.

### AM

- 7:00 Arrive for shift ... have some pastry or donuts in the dining room
- 7:30 **Day Shift Begins**  
Listen to the taped report from previous shift ... check in with residents ... make a smoothie for an early riser
- 8:15 Get everyone out of bed for breakfast ... make beds and get the laundry going ... help feed people
- 9:00 Clean up the dining room ... finish personal care (give baths or help residents with the shower, help a patient shave, clean another's ears)
- 11:00 Change diapers
- 11:30 Short coffee break
- ### PM
- 12:30 Lunch is served — "Will it be tofu or ham today?" ... make sure residents are fed first before staff and guests
- 1:15 Wipe off the tables ... make everybody comfortable, whether in bed taking a nap or hanging out on the patio
- 2:30 Another round of check-up in the residents' rooms
- 3:00 Charting
- 3:30 **Evening Shift Begins**  
Listen to the taped report from previous shift ... check the rooms
- 4:00 Tidy, clean, and do other personal care tasks ... resident has a seizure — keep her in a safe and comfortable position and inform the LVN
- 6:00 Dinner time
- 7:00 Bingo, movie, or other regularly scheduled evening activities in the living room
- 8:00 Start putting residents to bed
- 9:00 Some quiet time — house starts winding down by this hour
- 11:00 Charting ... say hello to the night shift attendants
- 11:30 **Night Shift Begins**  
Listen to the taped report from previous shift ... very quiet now
- ### AM
- 12:00 Check diapers and reposition residents every two hours (if needed)
- 2:20 Resident has severe stomach pain — keep him company while waiting for paramedics to take him to the hospital
- 4:00 Forgo the break to hold the hands of a dying patient, monitoring vital signs
- 7:00 Charting ... gladly relieved by the day shift team



Attendant Joyce Dabit with resident Ron (deceased)

(continued from page 1)

and well loved all around. Here, we introduce two of them, just to give you a glimpse of the depth of compassion that our direct care staff brings to Maitri.

**John Mullin and Joyce Dabit** have one thing in common — well, many things, actually, like working at Maitri — and it's that they both fell into the caregiving profession by virtue of having cared for a grandparent, he for a grandpa with emphysema, she for a grandma with cancer. Both had witnessed the pain that a loved one had to suffer through, and the profound comfort — both emotionally and physically — that a compassionate caregiver could bring to the bedside.

As both home health aides and certified nursing assistants, John and Joyce have worked variously with in-home hospice agencies and at different residential and institutional facilities. With over 25 years of experience between them, it is no small tribute to Maitri for them to acknowledge the uniqueness of the program offered here, and more importantly, their joy and enthusiasm for coming to work each day.

### **Strong Caretaker-Resident Bonds**

John values the higher level of contact with residents at Maitri than what the typical hospital or nursing home affords. "Here we at least get to spend some time with the patients each day,

plus the people I work with — most of us go the extra mile to make things happen for people." And he does go the extra mile, voluntarily coming to Thursday staff meetings that are usually only attended by the day's direct care staff. Bonding with residents, however, sometimes comes in unexpected ways. A long while ago, John says, a volunteer "outed" him to a patient. "I wasn't labeling myself as gay and I was getting up all this nerve to tell the patient to ignore the volunteer's comment ... Then the patient came walking down the hall with his arms out and we hugged, and that was it."

### **+ Teamwork Among Staff Members**

"Maitri is one of the best places where anyone can work, because of the support from the other attendants and the team work. There is no 'this is your patient, I can't help you'-type of mentality." This sums up Joyce's evaluation of her co-workers, and also her own approach to her work. "It's like a big family here, with lots of love and concern. At the other places I've worked at, you don't get this feeling." She adds, "I like the togetherness that we have here and the way that we stand up for each other. It makes for a strong environment that residents can feel, and that makes a difference."

### **= Happy Residents**

"The residents appreciate where they are and the type of care that they get," Joyce remarks. "When they start feeling secure, then you feel you've accomplished something." She recounts a story of transformation, back when Maitri was on Hartford Street, of a man who refused to get out of bed and use the commode, who refused showers and bed baths. "He was going through denial, he wanted to die when he first got there," Joyce explains. "He could do a lot more than he wanted us to know." But the staff worked with him and never lost patience, and while it took him five to six months to feel secure, the point is he eventually did. His first breakthrough came when he sat up on the side of his bed, Joyce says, and then he went on to use the commode, and soon after that he started walking around, in and out of the kitchen, doing everything that the doctor knew he could do. "He was a real miracle — it was a matter of time and patience, and a lot of support." Although this man did die eventually,

Joyce remembers that at the time of his death “he seemed to be more relaxed and at peace ... he wasn’t the same person as when he first moved in.”

Patience and support — no magic formulas here, just plain old kindness arising from the heart — encourage healing at so many levels. John notes the interaction among residents at Maitri, something he never saw in other places. “Our patio is the greatest thing — sometimes six or seven residents are out there and they’re all talking to each other.” An environment conducive to such social interaction clearly enhances the recovery of body, mind, and spirit, and a heart-driven program such as Maitri’s is a model that helps restore sanity in a too-often alienating health care system. Joyce recalls the day when Joe, a prospective resident, first came to Maitri, just to check it out. “He saw people hugging and embracing, and he said, ‘this is the place for me,’ deciding then and there to move in.” The overflowing warmth is very tangible, Joyce says.

In giving appropriate care, compassion and skill go hand in hand. Aside from formal training and continuing education, much of the skill just comes from “being concerned and observant,” says Joyce. John discovered therapeutic touch (an energetic healing modality) for himself “for pure survival.” He once had to take care of a really cranky and difficult patient, and he found out, “all under the guise of a foot massage,” that by touching certain points, the man would calm down and fall asleep quickly. Joyce observes that difficult patients are often just looking for some attention, and when possible, the attendants give it. “We give them something, but we set limits also,” she says. Indeed, being skilled not only means knowing what cartoon shows can cheer up a certain patient who’s in a temper tantrum and is throwing things around, but it also means knowing when to be firm and when to be yielding. With residents’ wishes and moods sometimes in conflict with medical necessities like doctors’ appointments and prescribed meal times, Maitri’s attendants have demonstrated a remarkable ability to get things done with much agility and grace.



*Attendant John Mullin centering himself in the meditation room before checking on the residents*



*Executive Assistant Brian Mojica with attendant John Mullin and LVN Brian Casem*

Death and dying is very much a part of Maitri, as much as we would like to have it otherwise. Through the years, Joyce and John have developed their own ways of approaching and honoring these life passages. Joyce’s philosophy is this: “Comfort is a great thing. When residents could feel comfortable with you or around you, you just tell them it’s all right to die.” And John reminds himself that it’s all right to grieve, or not to grieve, at any particular moment. “All my life I’ve been around death. My mother died when I was four. I don’t judge myself for how I react at the time. If I cry, I cry. If I don’t feel anything at the time, I allow myself that. I don’t see death as a bad thing or an end.” This profound acceptance and compassion for oneself, plus a willingness to ask for and receive help and support, is a caregiver’s key to maintaining emotional balance in times of loss. Joyce says she was very sad when Tom, a long-time resident, passed away. “It took something out of me when he died. I talked to Glo for support and Mary Ellen (our Program Director) also. Talking to other people helps.” Joyce credits her “wonderful church family” for continued support, and John, his deep belief in the oneness of all things. “I’d say I am spiritual but I don’t have a practice, except for keeping my eyes, ears and heart open and being not so quick to label things ... I know without a doubt that we’re all one — that’s kind of a cool realization. Hopefully this makes me more patient with people, a little more understanding, a little more tolerant.”

## ***Volunteer Training***

Cheers to the 15 kind souls who took our volunteer training during the third week of June. The two-day intensive introduced the practical aspects of caregiving as well as the spiritual resources that are available for taking care of ourselves and each other. Maitri volunteers are asked to make a six-month commitment of four hours per week, but many of our stellar helpers stay on beyond that period, and the average amount of time they put in is actually 10 hours a week each! If you missed this last training, no worry — we can connect you to trainings held at other San Francisco agencies and give you a proper orientation to Maitri, so you can start supporting our residents as soon as your schedule permits. We also need a lot of help with the events coming up this summer, so if you have a few hours to spare for a one-time project, please call Thou at (415) 558-3004.

### ***Maitri Residents July 1, 1998 to April 30, 1999***

<i>African American</i>	<i>12</i>	<i>29.3 %</i>
<i>Latino</i>	<i>3</i>	<i>7.3</i>
<i>Asian</i>	<i>1</i>	<i>2.4</i>
<i>Caucasian</i>	<i>25</i>	<i>61.0</i>
<i>Psychiatric history</i>	<i>21</i>	<i>51.2 %</i>
<i>Substance use history</i>	<i>22</i>	<i>53.7</i>
<i>Dementia diagnosis</i>	<i>8</i>	<i>19.5</i>

## Comings & Goings

In January, we bade fond farewell to Danny Sauro, who left his Director of Development position at Maitri to explore life in Southern California. Danny was instrumental in shepherding our 1996-97 capital campaign to fruition, which allowed the relocation to take place. In his place, Don Spradlin and Cecilia Tom are sharing development responsibilities as Associate Directors for Individual Gifts and Donor Relations, respectively. (We thank Diane Purgiel, Danny's predecessor, for helping us out during the transition.)

Maitri also welcomes Thou Ny (pronounced "too nee") as the new Volunteer & Activities Coordinator. Born in Cambodia, Thou moved to the U.S. when he was nine, and had lived in San Francisco's Tenderloin district until he was 22. Most recently, Thou was a health educator for the South East Asian AIDS Prevention Project, which was funded by the Center for Disease Control, while at the same time running a youth program for high-risk South East Asian youngsters. On top of his new job, Thou is also pursuing a masters degree in public administration.

Our direct care staff just got a boost with the addition of two medical directors, Drs. Colleen Riley and Steven Thompson, who now attend the weekly case conferences at Maitri and provide oversight of medical decisions as well as input for medical policies and ethical issues. Both physicians are currently medical directors at Laguna Honda Hospital's AIDS unit.

## Welcome on Board

As of January, two community members have joined Maitri's Board of Directors.

**Eileen Lemus** has been a long-time supporter of the hospice movement and was a former executive director at Compassionate Care Hospice. She is now chair of the Program Committee. **Blake Spears**, principal at InSight Healthcare Consulting in Oakland, served as a non-board member of the Long Range Planning Committee for nine months prior to his election to the Board. He's now co-chair of the Strategic Restructuring Committee.



Eileen and Blake

*"The kindness and generosity you showed my daughters and I at the time of Thomas' death was much appreciated. We were very blessed to count you as a friend. Please convey my thanks and admiration to the entire staff. I miss all of them."*

—Bernice Walters (mother of Thomas, who passed away on March 31, 1999)

## Planned Gifts — Creating A Legacy of Love

Some people come to Maitri to spend their final days, others to embark on a journey back to health. Much of our work is directed at preparing our residents to embrace whatever comes their way, but our ability to do so over the long term depends on the willingness of our supporters — people like yourself — to prepare for the future. Estate planning is a life-affirming process that maximizes the financial resources available to loved ones and favorite causes. Making a planned gift to Maitri may spare you exorbitant estate taxes, and is also an expression of your commitment to our work of providing compassionate care to seriously ill people.

An estate-planning professional can assist you with clarifying your priorities and devising a plan that fulfills your financial obligations and philanthropic intent. Your planned gift may be as simple as bequeathing part of your assets to Maitri, or more complex, such as setting up a trust that provides current income for yourself, future income for your survivors, and a sum of

money to help Maitri. If your assets are substantial, creating a charitable remainder trust or a charitable lead trust may be appropriate. The former provides you with income for life, after which the assets will be transferred to Maitri. A lead trust makes payments to Maitri for a number of years, with the principal eventually reverting back to your heirs at the end of the trust term. Other planned giving ideas include naming Maitri as a beneficiary of your life insurance policy or a recipient of a portion of the assets remaining in your retirement account.

At Maitri, planned gifts will create a legacy of comfort and care for individuals living with AIDS, and are acknowledged in our newsletters and annual report. We don't know how much longer the disease will rage on, but we do know that with your help, we will continue to steward our resources wisely in order to keep on alleviating the pain and suffering associated with AIDS. For more information on planned giving, or to inform us of legacy gifts you have made arrangements for, contact Cecilia at (415) 558-3003.

## *We Can't Thank You Enough ...*

People with disabling AIDS would not be so well cared for today were it not for the generosity of folks like you who donate money as well as in-kind goods and services to Maitri. To the right, we acknowledge the individuals, agencies, corporations and foundations that supported us with gifts totaling \$1,000 or above for the period July 1, 1998 through April 30, 1999. We are also deeply grateful for the flowers, ice-creams, pizzas, coffee, and all kinds of goodies that unflinchingly appear each week to brighten our days. We feel extremely fortunate to have this community support, and so, thank you, thank you, and thank you again.

### *Other Ways to Help*

Participate in **United Way** and other community campaigns and designate Maitri to receive your donation.

Inquire about **matching gifts** from your employer.

Donate household items and clothing to **Community Thrift Store**, 623-625 Valencia Street, and specify Maitri as the beneficiary agency (account #226). (415) 861-4910

Shop at **Under One Roof**, 549 Castro Street, for unique gift items. Look for Maitri merchandise — our Zen water drawing board is a best seller! (415) 503-2300

Get all your supplies at **Cole Hardware** and mention Maitri (account #61) at check-out time.

**Wish List:** tools (drill, saw, screwdrivers), frost-free refrigerator, scanner, printer and copy paper, clasp envelopes, camera, industrial toaster.

### *Community Support*

Community Thrift Store  
Local Independent Charities  
Low Income Housing Fund  
Outsider Enterprises / Marc Huestis  
Project Inform  
St. Francis Lutheran Church  
Housing Opportunities for People with AIDS /  
San Francisco Redevelopment Agency  
Under One Roof  
United Way

### *Corporate & Foundation Support*

Academy of Friends  
Anonymous  
Broadway Cares / Equity Fights AIDS  
Charles Schwab Corp. Foundation  
Chevron  
CHW Bay Area Region  
Community Foundation of Greater Memphis  
Delta Air Lines, Inc.  
Elizabeth Taylor AIDS Foundation  
Federated Department Stores Foundation  
Gap Inc.  
The Miriam and Peter Haas Fund  
Healing Environments  
Jefferies Group, Inc.  
Joie de Vivre / Chip Conley  
Latham & Watkins  
Macy's West  
The Magic Johnson Foundation  
The Bruce and Nancy McGaw Foundation  
Mediacopy / John & Irene Roth  
Microsoft Corporation  
The Niagara Trust, S.A.  
Providian Financial Corporation  
Sackett Design Associates  
The Silva Watson Moonwalk Fund  
Sutter / CHS  
Tender Loving Things, Inc.  
The Tides Foundation's AIDS Walk Fund  
Today's Maintenance Service  
Until There's A Cure Foundation  
Visa International  
Warner Bros. Records, Inc.  
Wells Fargo Foundation  
Wind River Systems  
Ziff-Davis

### *Individual Support*

Kathleen & Jonathan Altman  
Anonymous  
Anonymous *in memory of Denton A. Smith*  
William J. Aseltyne  
Raoul & Celesta Birnbaum  
Mary E. Blair *in memory of Todd Blair*  
John F. Booth  
Catherine Burns  
Sallyanne Campbell  
Robert F. Darling  
William Quesada Derrough  
Maggie & Geno Ferraro *in memory of Peter Surbeck & Robert Whitehead*  
Joseph R. Garrett & John Lomibao  
Jessica Grove  
Lindi Harris  
Greg Harvey *in memory of Shane Gearing*  
Charles M. Holmes  
James C. Hormel  
Ayse Manyas Kenmore  
Lynne Killey  
Max C. Kirkeberg *in memory of Jim Sherman*  
Jeanne K. Kitchen *in memory of Guy Kitchen*  
Astrid Lacitas  
Dan Levine  
Steven S. Muchnick & Eric C. Milliren  
*in honor of Issan Dorsey & John Bandy*  
Estate of Don J. Olivier  
Steven Sams  
Achim Schlage  
Larry Soule  
D. Blake Spears & Lanz Lowen  
*in honor of Eric Snyder*  
George Stevens  
Sharon J. Swenning  
*in memory of Kelly Swenning*  
Bernice Walters *in memory of Thomas Walters*  
William E. Weber

### *Maitri Residents July 1, 1998 to April 30, 1999*

Age		
30-39	17	41.5 %
40-49	11	26.8
50-59	9	22.0
60 & older	4	9.7

Income Per Month		
Less than \$800	28	68.3 %
\$801-\$1,200	7	17.1
\$1,201-\$1,879	4	9.7
Over \$1,880	2	4.9

*At Maitri, we are often in awe of folks' immense generosity even as they deal with profound grief and losses. We especially want to thank the families and friends of departed residents for their memorial gifts to Maitri, which allow us to continue extending the same compassionate care to new residents and their loved ones.*

*Maitri*

401 Duboce Avenue  
San Francisco, California 94117-3551

Non-Profit Org.  
U.S. Postage  
PAID  
San Francisco, CA  
Permit No.14214

### *Contact Information*

#### *General Information*

Brian (415) 558-3000

#### *Intake*

Christine (415) 558-3007

#### *Volunteer Program*

Thou (415) 558-3004

#### *Donations, Pledges, Planned Gifts*

Don (415) 558-3002

Cecilia (415) 558-3003

### *Mission Statement*

Maitri\* is a residential care facility for people with debilitating AIDS that provides its residents and their loved ones with comprehensive care in a home-like environment. Staffed by skilled professionals and dedicated volunteers, Maitri offers nursing and personal care as well as emotional and spiritual resources to help meet the special needs associated with HIV-related illness. This non-profit program is focused especially on those who might otherwise be without adequate resources or care.

Maitri supports the right of its residents to experience life and death with the degree of choice and awareness that each determines. It strives to cultivate the deepest compassion and respect for life among both residents and caregivers.

*\*Maitri, pronounced "MY-tree," is a Sanskrit word meaning "compassionate friendship."*



*(from left to right) Residents Todd (deceased), Loretta and Peter, relaxing on the patio*